

Youth Hockey Skating & Learn to Play Hockey FAQ

Now that you are learning to hockey skate or play hockey, we are sure you've got a lot of questions...

- What is taught in Youth Hockey Skating, Tot/Kinder Hockey, and Youth Rookies?

Tot Hockey/Kinder Hockey - children 3-5yrs old, prerequisite Tiny Tots/Kinder.

This class introduces hockey basics while having fun. Full equipment required.

- Getting up off the ice
- Two hands on the stick
- Puck Control: Pushing the puck, Passing the puck
- Forward Turns
- Snowplow Stop

Youth Hockey Skating - children 6-12yrs old, prerequisite Beginning Skate.

Having completed Beginning Skate, students will be introduced to hockey skating basics.

- Hockey Position
- Forward Stride
- Snow Plow Stop
- Balance - controlled glides
- Backwards Skating
- Forward Turns

Youth Rookies children 6-12yrs old, prerequisite Youth Hockey Skating.

Learn to Play program. Continuing to build on fundamental hockey skating skills, Rookies will learn how to play the game while participating in Skills Clinics along side current league hockey players.

- Edges
- Backward Skating
- Tight Turns
- Forward Crossovers
- Hockey Stops
- Transitions
- Pivots

- Skaters should use hockey skates for Youth Hockey Skating, Tot/Kinder Hockey, and Youth Rookies...just ask for hockey skates at the rental counter.

- Equipment requirements:

Youth Hockey Skating - only a hockey helmet is required.

Youth Rookies, Tot/Kinder Hockey - full equipment is required.

- helmet, shoulder pads, elbow pads, gloves, breezers/padded hockey shorts, and shin guards

Rental equipment may be available for Tot/Kinder Hockey players for a small fee.

Used equipment may be available for Youth Rookies, based on sizing and availability.

- Be sure to check the class schedule online, www.kroccenterice.com

- How many classes does it take before joining a team?

This varies per child, everyone learns at a different pace and it is normal to repeat a class.

Children 3-5yrs old, after completing a introductory skating class (Tiny Tots, Kinder) will move onto Tot Hockey or Kinder Hockey respectively. Usually a few sessions of Tot/Kinder hockey are enough to prepare a child for league play but again this varies.

Children 6-12yrs old, after completing Beginning Skate, will take Hockey Skating once or twice and then when ready move onto Youth Rookies, taking at least two sessions of Rookies before joining a team for league play.

Players, if ready to join a team, will be placed at the start of each season;

Fall (early September), Winter/Spring (early January), Summer (April/May)

- Youth Hockey, Tot/Kinder Hockey and Youth Rookies students get FREE public skating while enrolled in classes. We encourage skaters to practice as much as possible and recommend at least 2 hours of public skating in addition to class. A better skater will always be a better player.

If you have any questions feel free to call the ice arena at 619-269-1498 or email: hockey@kroccenterice.com