

**HOCKEY  
Questions:**

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**Weekly  
Instruction**

**Hockey  
Stick  
Provided**  
\*NEW Tot Hockey

**Jersey &  
Socks  
Provided**  
\*NEW Rookies

### PREREQUISITES

Learn to Play classes are open to skaters who have graduated from a Learn to Skate Class:

Prerequisite requirement:  
Kinder (3-5 year olds)  
Beginning Skate (6+)

### AGES 3-5 TOT HOCKEY

Fun introduction to hockey.

NEW skaters receive a hockey stick.

**FRIDAY**  
5:45-6:30PM

Prerequisite:  
Graduate from Kinder  
Learn to Skate Class

### AGES 6-12 HOCKEY SKATING

Introduces Hockey Skating Skills & Drills.

**WEDNESDAY**  
5:45-6:15PM

Prerequisite:  
Graduate Beginning  
Learn to Skate Class

### AGES 6-ADULT CARDIO SKATE

Increase stamina & develop stronger edges.

**RETURNS JANUARY 2020**

**ON BREAK FOR  
CHRISTMAS REHEARSALS**

### AGES 6-12 ROOKIES 1

Skating Skills Wednesdays  
Hockey Skills on Fridays

**WEDNESDAY**  
6:15-6:45PM

**FRIDAY**  
5:45-6:30PM

Prerequisite:  
Hockey Skating

### AGES 6-12 ROOKIES 2

Skating Skills Wednesdays  
Hockey Skills on Fridays

**WEDNESDAY**  
6:45-7:15PM

**FRIDAY**  
5:45-6:30PM

Prerequisite:  
Rookies 1

**Cashier hours:**  
Mondays 2-8pm  
Wednesdays 10-8pm  
Fridays 10-7pm  
Saturdays 10-4pm

**Hockey Skating \$108 Tot Hockey \$118  
Rookies \$198 Cardio Skate \$108**

\*Class sessions are 6 weeks. Class dates on reverse.

## CLASS SCHEDULE

OCTOBER 30 - DECEMBER 14

### WEDNESDAYS

**OCTOBER**

10 / 30

**NOVEMBER**

11 / 6

11 / 13

11 / 20

**DECEMBER**

12 / 4

12 / 11

### FRIDAYS

**NOVEMBER**

11 / 1

11 / 8

11 / 15

11 / 22

**DECEMBER**

12 / 6

12 / 13

### SATURDAYS

**NOVEMBER**

11 / 2

11 / 9

11 / 16

11 / 23

**DECEMBER**

12 / 7

12 / 14

### HOCKEY CLASS REQUIREMENTS

- ARRIVE AT LEAST 30 MINUTES EARLY TO GET SKATES & EQUIPMENT ON
- SKATER MUST MEET LEARN TO SKATE PREREQUISITE BEFORE ENROLLING IN LEARN TO PLAY HOCKEY
- HOCKEY HELMET IS REQUIRED FOR ALL "LEARN TO PLAY HOCKEY" CLASSES
- "TOT HOCKEY" & "ROOKIES" CLASSES REQUIRE FULL HOCKEY EQUIPMENT
- "HOCKEY SKATING" CLASS REQUIRES HELMET ONLY
- "CARDIO SKATE" WORKSHOP - NO EQUIPMENT REQUIRED. SKATERS WEAR ATHLETIC ATTIRE. BRING WATER BOTTLE.

### EQUIPMENT LIST

- HELMET
- MOUTH GUARD
- SHOULDER PADS
- ELBOW PADS
- GLOVES
- SHORTS/BREEZERS
- PROTECTIVE CUP
- SHIN GUARDS
- STICK



**NEXT SESSION STARTS  
JANUARY 8TH**

**KROC CENTER ICE**

6845 University Avenue

San Diego, CA

619-269-1504

Hockey Manager: Grecia Bocharov