

KROC CENTER ICE

OCTOBER 30 TO DECEMBER 14 FIGURE SKATING

FIGURE SKATING
Questions:

skating@kroccenterice.com

Weekly
Lesson

Public
Skating
Included

Ask about
skating in our
Christmas
Show

SKATE 1

WED 5:15-5:45 PM
SAT 12:30-1:00 PM

SKATE 2

WED 5:45-6:15 PM
SAT 12:30-1:00 PM

SKATE 3

WED 5:45-6:15 PM
SAT 11:30-12:00 PM

SKATE 4

WED 5:45-6:15 PM
SAT 11:30-12:00 PM

SKATE 5

WED 5:45-6:15 PM
SAT 11:30-12:00 PM

SKATE 6

WED 5:45-6:15 PM
SAT 12:30-1:00 PM

SKATE 7

WED 6:15-6:45 PM
SAT 12:30-1:00 PM

SKATE 8

WED 6:15-6:45 PM
SAT 12:00-12:30 PM

SKATE 9

WED 6:15-6:45 PM
SAT 12:00-12:30 PM

SKATE 10

WED 6:15-6:45 PM
SAT 12:00-12:30 PM

JUMP & SPIN 1

WED 6:15-6:45 PM
SAT 12:00-12:30 PM

JUMP & SPIN 2-4

WED 6:45-7:15 PM
SAT 12:00-12:30 PM

JUMP & SPIN 5-7

SAT 12:00-12:30 PM

JUMP & SPIN 8-10

SAT 11:30-12:00 PM

BALLET ON ICE

Open to all Jump & Spin skaters.

WED 5:45-6:15 PM

EDGES & FOOTWORK

Open to all Jump & Spin skaters.

WED 6:15-6:45 PM

Ages 14+

TEEN/ADULT INTERMEDIATE

WED 6:45-7:15 PM
SAT 11:30-12:00 PM

TEEN/ADULT ADVANCED

WED 6:45-7:15 PM
SAT 11:30-12:00 PM

Adult skaters graduate to
Jump & Spin classes when ready.

WORKSHOPS

TEAM members receive
\$10 off Workshops

Cardio Skate is on break for
Christmas Show Rehearsals.
Will be back in January!



SPIN

WED 5:15-5:45 PM

Workshop will focus on the
foundation of a good spin.
Beginner: Open to skaters Skate 1 +
Advanced: Open to Jump & Spin

FREE
FOR SKATING TEAM
MEMBERS

OFF ICE FITNESS

SAT 10:00-10:30AM

All ages & fitness levels.
Adult skaters & parents welcome!

Wear: Athletic Shoes Bring: Water

TEAM SKATE

SAT 10:45-11:00AM

Reserved "on ice" practice time for
Kroc Center Ice Team Members

Cashier hours:

Mondays 2-8pm
Wednesdays 10-8pm
Fridays 10-7pm
Saturdays 10-4pm

\$108 / 6 weeks

New classes start every 6 weeks - Sign up now to reserve your class.

CLASS SCHEDULE OCTOBER 30 - DECEMBER 14

WEDNESDAYS

OCTOBER

10 / 30

NOVEMBER

11 / 6

11 / 13

11 / 20

DECEMBER

12 / 4

12 / 11

JINGLE BELL KROC

Skaters are invited to
perform in our annual
Jingle Bell Kroc
Christmas Show!

Stop by the Skating
School office for
registration info.



SATURDAYS

NOVEMBER

11 / 2

11 / 9

11 / 16

11 / 23

DECEMBER

12 / 7

12 / 14

CLASS TIPS

- ARRIVE AT LEAST 15-20 MINUTES EARLY - GIVE YOURSELF TIME TO PUT SKATES ON AND WARM UP WITH CLASS
- PRACTICE SKILLS LEARNED ON PUBLIC SKATING SESSIONS
- HELMET USE IS ENCOURAGED (Skateboard/Rollerblade style)
- THIN SOCKS/NYLONS ARE BEST - THICK SOCKS CAN CAUSE BLISTERS
- WEAR WARM ATHLETIC CLOTHING & GLOVES
- ACQUIRING NEW SKILLS TAKES PATIENCE - HAVE FUN!
- CONTACT US WITH ANY QUESTIONS: skating@kroccenterice.com

NEXT SESSION STARTS JANUARY 8TH

KROC CENTER ICE

6845 University Avenue
San Diego, CA
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Skating Manager: Shaun Bailey