

# 2019



## FOOD BOX SCHEDULE /HORARIO DE COMIDA

**Food is given only on calendar dates/ Comida es distribuida solamente en el día de calendario**

6845 University Avenue San Diego, CA 92115

Eligibility

Elegibilidad:

Assistance is given to those with a proven financial need who live within the following service zip codes

Se les otorga asistencia a las personas que califiquen de bajo ingreso en los siguientes códigos postales:

91941 - La Mesa      91944 - La Mesa      92105 - San Diego      92120 - San Diego

91942 - La Mesa      91945 - Lemon Grove      92115 - San Diego      92182 - San Diego

91943 - La Mesa      91946 - Lemon Grove      92119 - San Diego

To establish a file the following documents are required for **ALL members** living in the residence (including roommates and non-family members)

Los siguientes documentos son requeridos para **TODAS las personas** que viven en su domicilio (incluyendo personas que comparten su casa y no sean de su familia):

1. **Identification** for all members of the household  
2. Identificación para todos los miembros de la Familia viviendo en la misma casa  
-Photo ID required for all adults/ Identificación con foto es requerida para todos los adultos.  
-Shot records or birth certificates will serve as proof for children/ Actas de nacimiento o tarjetas de vacunación actuales para los menores de Edad
2. **Current proof of income** for all members of the household (2 consecutive pay stubs, TANF/Calworks Notice of Action, child support statement, Social Security benefits statement, educational class schedule verification/Financial Aid statement, unemployment benefits statement, etc.)/ Prueba de ingreso al corriente o de no ingreso para todos los adultos de la familia  
dos talones de cheque, copia de su ayuda financiera , noticia de acción, Seguro Social, verificación de su horario escolar, o desempleo
3. **Address verification** (a recent utility bill in your name)/ Prueba de dirección (utilidad reciente )

**What to bring/Que traer:** Photo ID and all required paperwork/ Identificación con foto

**Days of the week/Dias:** Food boxes will only be available on Thursdays and Fridays on the date's below/Cajas de comida serán distribuidas solo los Jueves y Viernes

**Times:** Thursday/Jueves 8:30am-12:00pm and Fridays/Viernes from 1:00pm-4:00pm

**For questions please call/Preguntas:** 619-269-1430

**Frequency/Frecuencia:** ONE FOOD BOX PER MONTH PER HOUSEHOLD/ UNA CAJA AL MES POR CASA

**Where does the food come from/De donde viene la comida?** Food is generously donated or purchased at cost from the San Diego Food Bank or comes from generous donors throughout the community. If you would like to thank our donors, please submit letters and cards to our office at any time

La comida es donada o comprado a bajo costa de él San Diego Food Bank o viene de donadores generosos por medio de la comunidad. Si quiere dar las gracias a nuestros donadores, por favor de mandar una carta a nuestra oficina.

# 2019

## January:

Thursday the **10<sup>th</sup>** 8:30a-12noon  
Friday the **11<sup>th</sup>** 1:00p-4:00pm  
Thursday the **24<sup>th</sup>** 8:30a-12noon  
Friday the **25<sup>th</sup>** 1:00p-4:00pm

## February:

Thursday the **7<sup>th</sup>** 8:30a-12noon  
Friday the **8<sup>th</sup>** 1:00p-4:00pm  
Thursday the **21<sup>st</sup>** 8:30a-12noon  
Friday the **22<sup>nd</sup>** 1:00p-4:00pm

## March:

Thursday the **7<sup>th</sup>** 8:30a-12noon  
Friday the **8<sup>th</sup>** 1:00p-4:00pm  
Thursday the **21<sup>st</sup>** 8:30a-12noon  
Friday the **22<sup>nd</sup>** 1:00p-4:00pm

## April:

Thursday the **11<sup>th</sup>** 8:30a-12noon (**adjusted due to Good Friday**)  
Friday the **12<sup>th</sup>** 1:00p-4:00pm  
Thursday the **25<sup>th</sup>** 8:30a-12noon  
Friday the **26<sup>th</sup>** 1:00p-4:00pm

## May:

Thursday the **9<sup>th</sup>** 8:30a-12noon  
Friday the **10<sup>th</sup>** 1:00p-4:00pm  
Thursday the **23<sup>rd</sup>** 8:30a-12noon  
Friday the **24<sup>th</sup>** 1:00p-4:00pm

## June:

Thursday the **13<sup>th</sup>** 8:30a-12noon  
Friday the **14<sup>th</sup>** 1:00p-4:00pm  
Thursday the **27<sup>th</sup>** 8:30a-12noon  
Friday the **28<sup>th</sup>** 1:00p-4:00pm



## July:

Thursday the **11<sup>th</sup>** 8:30a-12noon  
Friday the **12<sup>th</sup>** 1:00p-4:00pm  
Thursday the **25<sup>th</sup>** 8:30a-12noon  
Friday the **26<sup>th</sup>** 1:00p-4:00pm

## August:

Thursday the **8<sup>th</sup>** 8:30a-12noon  
Friday the **9<sup>th</sup>** 1:00p-4:00pm  
Thursday the **22<sup>nd</sup>** 8:30a-12noon  
Friday the **23<sup>rd</sup>** 1:00p-4:00pm

## September:

Thursday the **12<sup>th</sup>** 8:30a-12noon  
Friday the **13<sup>th</sup>** 1:00p-4:00pm  
Thursday the **26<sup>th</sup>** 8:30a-12noon  
Friday the **27<sup>th</sup>** 1:00p-4:00pm

## October:

Thursday the **10<sup>th</sup>** 8:30a-12noon  
Friday the **11<sup>th</sup>** 1:00p-4:00pm  
Thursday the **24<sup>th</sup>** 8:30a-12noon  
Friday the **25<sup>th</sup>** 1:00p-4:00pm

**REMEMBER TO SIGN UP FOR THE TOY PROGRAM IN OCTOBER**

## November: (adjusted to avoid Thanksgiving)

Thursday the **7<sup>th</sup>** 8:30a-12noon  
Friday the **8<sup>th</sup>** 1:00p-4:00pm  
Thursday the **21<sup>st</sup>** 8:30a-12noon  
Friday the **22<sup>nd</sup>** 1:00p-4:00pm

**REMEMBER TO GET YOUR SENIOR (AGE 62 AND UP TURKEY LUNCH TICKETS)**

**December: CLOSED /CERRADO**